

TA MIDVEDAUA  
(Val Resia, Italy)

Pronunciation: tah meed VEH-dahoowah

Record: Helidon FLP 03-006

Rhythm: (8/4 + 4/4 + 4/4 + 7/4 + 4/4 + 4/4) + (5/4 + 4/4 + 4/4)

Formation: Cpls scattered freely about the dance floor, ptrs across from one another.

N  
Compass: W E  
S

Meas

Pattern

Men's Step

Arms hang at sides and swing or lift slightly with the slight sway movement of the upper body. Knees are elastic.

High Melody (Turning in place + ending)

- 1 (8/4) Facing ptr (N), beg L ft, take 8 walking steps to turn freely at least two full turns CCW (cts 1-8).
- 2 (4/4) Continuing CCW turn, step on L ft (ct 1); step on R ft to face NE (slightly to R) (ct 2); run slightly fwd on L ft (ct 3); run fwd on R ft (ct &); stamp L ft, no wt (ct 4). OR step fwd on L ft to face N (ct 3); bounce on L ft (ct &); stamp slightly fwd on R ft with wt (ct 4).
- 3 (4/4) Repeat meas 2.
- 4 (7/4) Repeat meas 1, first 7 cts.
- 5 (4/4) Continuing CCW turn, step on R ft (ct 1); step on L ft to face N or NE (ct 2); run fwd on R ft (ct 3); run fwd on L ft (ct &); stamp R ft with wt (ct 4).
- 6 (4/4) Repeat meas 2.

Low Melody (Turn and cross over)

- 1 (5/4) Turning CCW (to L), step on L ft to face SW (ct 1); step on R ft to face E (ct 2); with back to ptr and crossing over and exchanging places, step on L ft to L (ct 3); close R ft to L (ct &); turning CCW to face N, step fwd on L ft (ct 4); step on R ft to face W (ct 5)
- 2 (4/4) Step on L ft to face S (ptr) (ct 1); turning CW (to R), step on R ft to face W (ct 2); with back to ptr and crossing over and exchanging places, step on L ft to L (ct 3); close R ft to L (ct &); turning CCW to face S, step fwd on L ft (ct 4).
- 3 (4/4) Step on R ft to face E (ct 1); step on L ft to face W (ct 2); step on R ft to face E (ct 3); with back to ptr and crossing over and exchanging places, step on L ft to L (ct 4); close R ft to L (ct &).

Repeat dance from the beginning - High Melody always alternating with the Low Melody.

Women's Step

Hold lower corners of skirt with hands extended out to the sides.

TA MIDVEDAUA (Continued)

High Melody ( Turning in place + ending)

- 1-2  
(8/4 + 4/4) The first time, at the beg of dance, start by facing ptr (S) and use 6 "quick-slow" pivot turn steps (see Lipa ma Maryca (High Melody), starting with L ft to make 3 full 360° CCW turns (cts 1-9 - rhythm: q S q S q S q S q S q S); step on L ft to L (ct 10); run fwd on R ft (ct 11); run fwd on L ft (ct &); stamp R ft with wt (ct 12).
- 3 (4/4) Turn CCW with one "quick-slow" pivot turn (cts 1,&); continuing CCW turn, step on L ft to face ptr (S) (ct & of 2); repeat cts 11,&,12 of meas 1-2 (cts 3,&,4).
- 4-5  
(7/4 + 4/4) Repeat cts 1-9 of meas 1-2 above; step on L ft to L (ct 10); bounce on L ft in place (ct &); stamp R ft slightly in front with wt (ct 11).
- 6 (4/4) Repeat meas 3.

Low Melody

- 1 (5/4) Turning CCW (to L), step on L ft to face NE (ct 1); pivot on L ft and step on R ft slightly to R of L ft (ct &); continuing to turn CCW, transfer wt onto R ft (ct 2); step slightly fwd on L ft to face ptr (S) (ct &); turning CCW to face E, step on R ft to R to cross over and exchange places (ct 3); step on L ft across and behind R ft (ct &); touch ball of R ft slightly to R (ct 4); turning CW (to R) to face S, step fwd on R ft (ct &); continuing to turn CW, step on L ft over R ft (ct 5); pivot on L ft to face E (ct &).
- 2 (4/4) Turning CCW (to L) to face ptr (N), step slightly back on R ft (ct 1); turning CCW to face W, step on L ft in place (ct 2); step on R ft to R to cross over back to place (ct 3); step on L ft across and behind R ft (ct &); touch ball of R ft slightly to R (ct 4); turning CW to face N, step fwd on R ft (ct &).
- 3 (4/4) Continuing to turn CW, step on L ft over R ft (ct 1); pivot on L ft to face E (ct &); turning to face E, step slightly back on R ft (ct 2), turning to face W, step on L ft (ct 3); step on R ft to R to cross over and exchange places (ct 4); step on L ft behind and across R ft (ct &).

Repeat dance from High Melody. NOTE: When High Melody is done after the Low Melody, the women will be coming out of the cross over step. The music breaks the step so that the High Melody begins in the middle of the cross over with the touch of the ball of the R ft (ct 1); turning to face S, step fwd on R ft (ct &); continuing to turn CW, step on L ft over R ft (ct 2); pivot on L ft to face E (ct &); turning to face ptr (N), step slightly back on R ft (ct 3); repeat cts 4-12 of meas 1-2 of High Melody.

Last Time Through: (Repeat of part of High Melody)  
Repeat meas 4-6 of High Melody (7/4 + 4/4 + 4/4).

Collected and Presented by *Stephen Kotansky*